

Body Composition Monitors

BF214 HBF-214-EBW



CODE:	HBF-214-EBW (brown)
EAN	40 15672 10704 5
RRP:	£59.95
TYPE:	BODY COMPOSITION MONITOR

DESCRIPTION

BF214

It couldn't be simpler to check your body composition. This is probably the simplest way of checking your body fat, body weight and BMI. The BF214 will also give you readings on skeletal muscle for a complete overview of your body composition and it will even remember your previous measurement. It makes everything so much easier! The BF214 is designed to help you to track your body composition over time. It can also show if your diet and exercise are effective.

BF212

Track your body composition over time!

Monitor your weight and BMI in a quick and easy way! Know your Body Fat Percentage in a few seconds with Omron Body Composition Monitor BF212. Slim, compact and designed for easy storage when not in use. Children's weight management is a breeze, as it comes equipped with child's algorithm – suitable for youngsters 10 years and above.

KEY FEATURES

- > Body fat %
- > Body mass index
- > 4 User memory
- > Auto off
- > Age range 10-80 years

BF214 additional features

- > Skeletal muscle %
- > Memory - last reading

All for Healthcare





BF214/BF212

TECHNICAL SPECIFICATIONS

Body Composition Monitor

- > 4 AAA batteries (R03) (You may also use AAA alkaline batteries (LR03).)
- > Battery life Approx. 12 months* (when used 4 measurement a day at a room temperature of 23°C)

*Supplied battery is for trial use. This battery can run out within 12 months.

Display

- > **Body Weight:** 2 to 150 kg with an increment of 0.1 kg / 4.4 to 330.0 lb with an increment of 0.2 lb / 4.4 lb to 23 st 8.0 lb with an increment of 0.2 lb
- > **Body Fat Percentage:** 5.0 to 60.0% with an increment of 0.1%
- > **BMI:** 7.0 to 90.0 with an increment of 0.1
- > **BMI Classification:** - (Underweight) / 0 (Normal) / + (Overweight) / ++ (Obese)
- > The age range for the BMI, BMI classification and Body Fat percentage is 10 to 80 years.
- > The age range for the Skeletal Muscle percentage is 18 to 80 years.

Skeletal Muscle Percentage (BF214 Only):

5.0 to 50.0% with an increment of 0.1%

Memory (BF214 Only):

Last (previous) measurement results

Weight Accuracy:

- > 2.0 kg to 40.0 kg: ± 0.4 kg
- > 40.0 kg to 150.0 kg: $\pm 1\%$
- > 4.4 lb to 88.2 lb: ± 0.88 lb
- > 88.2 lb to 330.0 lb: $\pm 1\%$
- > 4.4 lb to 6 st 4.2 lb: ± 0.88 lb
- > 6 st 4.2 lb to 23 st 8.0 lb: $\pm 1\%$

Accuracy (S.E.E.):

- > **Body Fat Percentage:** 3.5%
- > **Skeletal Muscle Percentage:** 3.5%

Weight:

BF214: Approximately 1.6 kg (including batteries)

BF212: Approximately 1.3 kg (including batteries)

External Dimensions Approximately:

BF214: 285 (W) x 28 (H) x 280 (D) mm

BF212: 285 (W) x 28 (H) x 210 (D) mm

BOX CONTAINS

- > Body Composition Monitor
- > 4 AAA Manganese Batteries
- > Instruction Manual



Body Fat Your body fat % is calculated using the Bioelectrical Impedance (BI) method. The body fat monitor uses an extremely weak electrical current is passed through your body to determine the amount of fat tissue. This current will not be felt by the user.



Skeletal Muscle Our skeletal muscle % refers to the muscles that are attached to your bones, these enable you to move your body. Skeletal muscle can be increased through exercise and other activity. Increasing the ratio of skeletal muscle means that your body will burn energy more easily.



Body Mass Index The scale determines your BMI by using the Bioelectrical Impedance (BI) method along with your height, weight, age and gender information to generate results based on OMRON's data of body composition.



Auto Off Technology Unit will automatically turn off when not in use to save battery life.