

Setting up Your Casper Mattress

ONCE I TAKE MY MATTRESS OUT OF THE BOX, HOW LONG DOES IT TAKE TO EXPAND?

Once you take your mattress out of the box, it will expand and be ready to sleep on within minutes. Please note that some mattresses may take longer to expand.

We want to see you capture the magic! Document the process in an unboxing video and tag us in it @casper.

CAN I USE THE MATTRESS ON A SOFA BED?

Our mattresses are not designed to be used in sofa beds. Repeated folding will cause long-term damage to the materials.

CAN I USE AN ADJUSTABLE BED FRAME?

Yes, you can absolutely use your Casper mattress on an adjustable bed frame! As long as the base is solid, flat, and compatible with foam mattresses, it will work just fine. We recommend the Casper Adjustable or the Adjustable Pro. If you're still concerned whether your existing setup will work, please feel free to reach out to our Customer Experience team!

WILL MY SHEETS FIT ON A CASPER?

As long as your sheets are compatible with the heights of our mattresses, they will absolutely fit on any of the Casper mattresses! We recommend using Casper sheets for the best sleep environment possible.

As for the height of each mattress, the Casper + Casper Hybrid are 12" tall, the Wave + Wave Hybrid are 13" tall, and the Essential is 11" tall.

HOW CAN I MAKE MY BED HIGHER?

We know nothing beats climbing up into a bed... and falling gently down into it. We recommend using the Casper foundation in tandem with the simple metal frame that we offer on our site. Together with the Casper mattress, this setup will elevate you approximately 26 inches off the ground. With the Casper Wave, it will be about 27 inches off the ground.

In addition to adding height, a good foundation impacts a mattress's overall performance. Foundations provide support under your mattress and help distribute weight evenly to make sure it feels consistently comfortable for longer.

The Casper foundation was designed with Casper mattresses in mind, but it works with any mattress. In fact, since Casper mattresses need a particularly sturdy setup, the foundation is durable enough for any and all beds on the market. It features sturdy spruce beams, and will raise the mattress an additional 7.5 inches.

You can assemble the Casper foundation in less than 15 minutes — and if for any reason your height or decor preferences change, it can be easily disassembled and stored away. It was also designed to fit perfectly with the frame. The frame is made from 100% recycled steel, and can also be assembled and disassembled quickly and easily.

If you decide to use a different foundation and frame, make sure you are resting your mattress directly on something very supportive and flat. The surface you put your mattress on should have solid wood slats that are no more than 4 inches apart. Some of our customers also use risers in order to maximize the storage space under their bed. As long as your setup has accurate support for your mattress, you can rest assured you'll sleep great.

WHAT'S THE DIFFERENCE BETWEEN A BUNKIE BOARD AND A BOX SPRING?

A bunkie board is a piece of plywood that's placed under the mattress. It's often used on top of an older box spring, foundation, or platform bed to provide proper support for a foam-based mattress.

If you have a foam-based mattress, like Casper mattresses, what you're looking for is a foundation. Foundations are sturdier than box springs and give mattresses with memory foam the right support. A box spring looks more like a piece of furniture. It's around 6" tall and can offer

minimal support needed for a mattress.

A bunkie board can be used with a box spring or older foundation or platform bed to ensure that it's able to properly support the weight of a newer foam mattress. The reality, however, is that bunkie boards don't often last for the life of the mattress.

We spent thousands of hours designing and redesigning every angle of the [the Casper Foundation](#). We sat on prototypes, rolled around on them, and tested them for durability. Russell Jelinek, the lead engineer on the Casper Foundation, specially designed the brackets that hold the foundation together so they're super durable and easy to use. The whole foundation can be put together in under 10 minutes. In the end, it matches your Casper mattress like an exhausted body falls into bed.

WHEN CAN I SLEEP ON IT?

You can start snoozing right away! Once your sheets are on, you're good to go! Just make sure your mattress is facing right-side-up before putting your sheets on.

CAN I USE A MURPHY BED?

Casper mattresses are compatible with Murphy beds depending on the available clearance for mattress thickness and on how often the bed is used.

Even though a Murphy bed generally supports a mattress on all sides, your mattress' durability may be impacted if it is stored upright far more than it is slept on.

If you're still concerned whether your existing setup will work, please feel free to reach out to our Customer Experience team!

CAN I USE A METAL FRAME?

With any [foam-based mattress](#), you want as much firm support directly applied to the mattress as possible. Therefore, a simple metal frame with thin support beams will not hold up very well, but one with unyielding, thick wooden slats less than 4 inches apart will work fine. If you are considering using a metal frame, we suggest placing a piece of plywood on the top of the metal to close up the unsupported surface.

The metal frame available on our site is designed to be used with the Casper foundation, and is a great option for a simple setup.