Microwave
USER’S GUIDE

Model No: RHBM3201

For Customer Services & Spare Parts please call 0845 209 7461
Opening times: Monday - Friday 8am – 6pm & Saturday 9am – 1pm or visit us at www.productcareuk.com

IMPORTANT: RETAIN FOR FUTURE REFERENCE
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Safety instructions

IMPORTANT SAFETY INSTRUCTIONS
READ CAREFULLY AND KEEP FOR FUTURE REFERENCE

WARNING: This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance.

Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.

Cleaning and user maintenance shall not be made by children unless they are aged from 8 years and above and supervised.

WARNING: Do not use the microwave when it is empty. This could damage the oven.

For Grill and combination models
WARNING: The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements.
Safety instructions

WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.

WARNING: It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.

WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode.

WARNING: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
Safety instructions

If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition. Only use utensils that are suitable for use in microwave ovens.

You should clean the outside of the oven with a damp cloth. Do not allow water to seep into the ventilation openings.

Do not allow the control panel to become wet. Clean with a soft, damp cloth. Do not use detergents, abrasives or spray-on cleaners on the control panel.

If steam builds up inside or around the outside of the oven door, wipe with a soft cloth. This may happen when the microwave oven is used in humid conditions.

Regularly remove the glass turntable to clean it, and wash it in warm soapy water. Regularly clean the turntable support and oven floor. Simply wipe the bottom surface of the oven with mild detergent and water, then dry. You can wash the turntable support in mild soapy water.
Safety instructions

A minimum clearance of 7.5cm is required between the oven and any adjacent walls. One side must be open. Leave a minimum clearance of 30cm above the oven.

The microwave oven should be used freestanding only and must not be built-in or used in a cabinet.

If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.

Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.
Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.

The oven should be cleaned regularly and any food deposits removed. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

Before you clean the oven, turn it off and unplug it. Keep the inside of the oven clean. When food or liquids stick to the oven walls, wipe with a damp cloth. We recommend that you do not use harsh detergent or abrasives.

The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption in order to avoid burns.
Safety instructions

Do Not obstruct the ventilation from the microwave

Only use thermometers that are approved for microwave ovens.

This appliance must be correctly installed by a suitably qualified person, strictly in accordance with the manufacturer’s instructions.
Safety instructions

• Food containing a mixture of fat and water (for example, stock) should stand for 30 to 60 seconds in the oven after it has been turned off. This is to allow the mixture to settle and to prevent it from bubbling when a spoon is placed in it, or a stock cube is added.
• When heating or cooking food or liquid, remember that there are certain foods (such as, jam, Christmas puddings and mincemeat) which heat up very quickly.
• When heating or cooking foods that contain a lot of fat or sugar, do not use plastic containers.
• Always have the glass tray and turntable support in place when using the oven.
• Never remove parts from the oven such as the feet, screws and so on.
• Do not cook food directly on the glass tray. Put food on a suitable plate or in a bowl before putting it in the oven.

To reduce the risk of fire in the oven cavity:

• Do not overcook food.
• Do not leave the microwave oven unattended while you are using it and if using paper or plastic containers check regularly to ensure they do not ignite.
• Remove wire twist-ties from bags before putting the bag in the oven.
• If materials inside the oven smoke or catch fire, keep the oven door closed to stifle the flames, turn the oven off at the wall switch, or shut the power off at the fuse or circuit-breaker panel.
• The microwave is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, wheat bags, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.

• Heat from the contents of a container may be transmitted to the container itself, so please be careful when removing it from the oven. Please remember that the food or liquid inside may be releasing some steam or may be spitting. Never cover any container fully, always leave a gap for steam to escape.

• Cooking utensils may become hot because of heat transferred from the heated food. This is especially true if plastic wrap has been covering the top and handles of the utensil. You may need oven gloves to handle the utensil.

• Ensure you do not use any corrosive chemicals or vapours in the appliance. It is not designed for industrial or laboratory use.

• Never put any objects into the openings on the outer case.

• On the right hand side wall of the cavity is the wave guide cover, microwaves are passed through this to enable your food to cook. It is important that this wave guide cover is kept clean at all times. To do this wipe with mild detergent and water, then dry.

• When removing the turntable support of the oven, make sure you put it back properly.

• If the inside of the oven smells, put a cup of water with the juice and skin of one lemon in a deep microwave bowl. Microwave it for three minutes, wipe thoroughly and then dry with a soft cloth.

• Do not try to deep-fry foods in this oven.
Safety instructions

• Do not use metal pans or dishes with metal handles.
• Do not use anything with a metal trim.
• Do not use paper covered wire twist-ties on plastic bags.
• Do not use melamine dishes as they contain a material which will absorb microwave energy. This may cause the dishes to crack or burn, and will slow down the cooking speed.
• Use only cookware that is approved to be used in a microwave oven.
• Do not cook using containers with restricted openings, such as bottles, as they may explode.
• Do not heat baby bottles with the teat left on. Remove it if replacing the bottle back into the oven.
• Do not use the microwave oven for heating utensils.
• Do not use the oven for any reason other than preparing food, such as for drying clothes, paper or any other non-food items, or for sterilising purposes.
• Do not store anything in the oven, such as paper, or cook books.
• Do not cook any food surrounded by a membrane, such as egg yolks, potatoes, chicken livers, sausages, ready meals and so on without piercing them several times with a fork.
• Never put any objects into the openings on the outer case.
• You should use microwave utensils only in line with these instructions.
• Only use the accessories supplied by the manufacturer.

This appliance is intended to be used in the household and similar applications. It is not intended to be used in the following:

• staff kitchen areas in shops, offices and other working environments;
• farm houses;
• by clients in hotels, motels and other residential environments;
• bed and breakfast type environments.
**Product overview**

**WARNING:** Do not use the oven when empty or for warming plates. Always keep the oven cavity, door assembly and waveguide cover clean.

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A. Control panel (including door release button)  
B. Turntable shaft  
C. Turntable ring assembly  
D. Glass turntable  
E. Observation window  
F. Door assembly  
G. Safety interlock latches  
H. Waveguide cover  
I. Oven cavity  
J. Ventilation slots

The baking tray and grill rack to be used for grilling and convection cooking only.
About this microwave oven

Microwaves are high-frequency electromagnetic waves similar to radio waves. While radio waves may vary in length from one metre to many kilometres, microwaves are very short (less than 12.5 centimetres). Microwaves do not make any heat themselves but only cause water molecules in food to vibrate. This vibration produces heat that cooks the food. This is why your food will come out of the microwave piping hot, when your utensils inside the oven stay much cooler. The microwaves do not stay in the air or in the food when you open the microwave oven door.

The microwave oven will work using an ordinary household electrical socket. Inside the microwave oven is the magnetron, which turns the electrical energy into microwaves.

Microwaves cannot go through metal, so the inside of the oven is lined with metal. The door is lined with a fine metal mesh which stops microwaves getting through. This means that when the microwave oven door is shut, there is no possibility that microwaves can be released. This is why the microwave oven has been made so that it will not work when the door is open.
Unpacking the microwave

Before you use your microwave oven

1. Remove all the packaging. **Do not** remove the small piece of card from the right hand side of the cavity wall. This is called a wave-guide cover and allows the microwaves to pass through to cook the food.

   Please ensure you keep this cover clean at all times.

2. Check the oven after unpacking for any visual damage such as:

   - A misaligned door
   - Damage to the door
   - Dents or holes in the door window and screen
   - Dents in the inside
   - If you can see any damage **do not use the oven**

This microwave oven weighs approximately 20kg so you must put it on a horizontal surface that is strong enough to support this weight.

The oven must be placed away from high temperatures and steam.

Do not put anything on the top of the microwave oven.

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Microwave oven installation

• Place the oven as far away from radios and TV's as possible. Using the oven may cause interference with the reception.
• Plug the oven into a suitable 13 amp mains socket, make sure the voltage is the same as on the rating label (do not use extension cables or mains socket adaptors).
• The built-in cabinet should not have a rear wall behind the appliance. Minimum installation height is 85cm.
• Measure the opening for the microwave and remove all loose items, like the turntable, from the microwave
• Do not cover ventilation slots and air intake points.

Important note:
This appliance must be correctly installed by a suitably qualified person, strictly in accordance with the manufacturer’s instructions

Important note:
The manufacturer declines any responsibility for injury or damage, to a person or property, as a result of improper use of installation of this appliance.

Important note:
Heat, steam and moisture will be created during use of the appliance, take care to avoid injury and ensure that the room is adequately ventilated. If the appliance is going to be used for a prolonged period of time, then additional ventilation may be required.

Important note:
Please consult with a qualified installer if you are in any doubt about the ventilation that you will require.
Microwave oven installation

Installation components

SCREW
TRIM KIT PLASTIC COVER

Product dimensions (including frame kit)

Height: 388mm
Width: 594mm
Depth: 467mm

Aperture dimensions

Height: 362mm
Width: 560 - 570mm
Depth: 5500mm

Important note:

This appliance must be correctly installed by a suitably qualified person, strictly in accordance with the manufacturer’s instructions.

Do Not obstruct
The ventilation
From the microwave
Microwave oven installation

Aperture and ventilation requirements

- The diagram below shows the aperture and ventilation requirements that you require to build the appliance into a housing unit.
- Ensure that the rear panel of the furniture housing unit has been removed.
- This oven may be installed without any additional ventilation cut outs being made in the housing unit. However, the ventilation cut shown in the diagram MUST be present, otherwise the microwave oven may not function correctly.
- Do not cover the ventilation slots or air intake points.

![Diagram showing aperture and ventilation requirements](image)

All measurements are in millimetres (mm)

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Microwave oven installation

Step 1
Place the microwave into the housing unit and push the microwave fully into the housing unit

Push the microwave fully into the housing unit

Important: do not trap or kink the power cord and make sure that the oven is installed in the centre of the cabinet.
Microwave oven installation

Step 2
Open the door and fit the oven to the housing unit with the SCREW at the INSTALLATION HOLE of TRIM KIT.

Step 3
Fit the TRIM-KIT PLASTIC COVER over the INSTALLATION HOLE.

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Turn table installation

- Before first use, check that any securing tape has been removed from the glass tray and turntable ring assembly. These parts must never be restricted from rotating.
- Never place the glass tray upside down.
- Both the glass tray and turntable ring assembly must always be used during cooking.
- Do not place the food directly onto the glass tray, always place on or in a suitable microwaveable cookware.
- If the glass tray or turntable ring assembly has been damaged in anyway, please contact the spares helpline number detailed on the back of this instruction manual.

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Control panel

MENU ACTION SCREEN  Cooking time, power, action indicators, and clock time are displayed.

“MICRO./GRILL/COMBI/CONV.”  Press this button to use the microwave, grill, combination and convection cooking. The grill element is located on the top of the cavity and an element at the back of the unit is used for convection cooking.

WEIGHT/TIME DEFROST  Press this button for the defrost function.

TIMER/WEIGHT/AUTO MENU  This rotational dial is used for a number of functions. Turn the dial to access the auto menu.

TIMER/CLOCK  Press this button to set the clock and timer.

STOP/CLEAR  Press the Stop/Clear button to clear everything.

START/+30 SEC/CONFIRM  Press this button to start the cooking process.

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Display

Indicates microwave cooking is taking place

Indicates that convection cooking is taking place.

Indicates that grilling is taking place.

Indicates that defrosting is taking place.

Indicates that the safety lock is engaged.

Indicates that the auto menu function has been selected.

Indicates that grams are shown on the LED display.

Indicates that the temperature (in centigrade) is shown on the LED display.
Using the microwave oven

Clock Setting

When the microwave oven is first turned on, the oven will display "0:00", the buzzer will ring once.

1) Press “TIMER/CLOCK” twice to choose hours or minutes for alteration. The hour figures will flash. When altering the hours the “0” on the Left Hand Side will flash.
2) Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the hour figures, the input time should be within 0 - 23(this is a 24-hour clock).
3) Press “CLOCK/TIMER” button again and the minute figures will flash.
4) Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the minute figures, the input time should be within 0 - 59 (60-minutes).
5) Press “CLOCK/TIMER” to finish the clock setting procedure. The “:” will then flash.

Note:

1) If the clock is not set, the microwave will not function when powered.
2) During the process of clock setting, if you press "STOP/CLEAR", the oven will go back to the previous status.

Important note:
To remove any residue from the oven that may have been left from the manufacturing process, you should place a cup that is half filled with water in the microwave.

Set the microwave on its highest power level for 2 minutes, the cup and water will be hot so care must be taken when removing it from the oven afterwards.
Using the microwave oven

Microwave Cooking

1) Press the “MICRO./GRILL/COMBI/CONV.” button once, and “P100” will display and flash.
2) Turn the “TIMER/WEIGHT/AUTO MENU” dial to select the microwave power. "P100", "P80", "P50", "P30", "P10" will be displayed. or
   Press the “MICRO./GRILL/COMBI/CONV.” button to scroll through the power levels.
3) Press “START/+30SEC/CONFIRM” to confirm.
4) Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the cooking time. (The time setting should be between 0:05-95:00.)
5) Press "START/+30SEC/CONFIRM" to start the cooking process.
6) If you have set the incorrect power level or time, press the stop/clear button and the display will return to showing the time of day.

<table>
<thead>
<tr>
<th>Press power button</th>
<th>Cooking power</th>
<th>Equivalent power rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>P100</td>
<td>100%</td>
<td>900 W</td>
</tr>
<tr>
<td>P80</td>
<td>80%</td>
<td>720 W</td>
</tr>
<tr>
<td>P50</td>
<td>50%</td>
<td>450 W</td>
</tr>
<tr>
<td>P30</td>
<td>30%</td>
<td>270 W</td>
</tr>
<tr>
<td>P10</td>
<td>10%</td>
<td>90 W</td>
</tr>
</tbody>
</table>

To stop the cooking process at anytime press the “STOP/CLEAR” button.

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Using the microwave oven

Speedy Cooking

Press the "START/+30SEC/CONFIRM" button to microwave cook at 100% power level for 30 seconds. The microwave will start cooking immediately. Each press on the same key will increase the cooking time by 30 seconds. The maximum cooking time is 95 minutes. Note: this function does not work for defrost, auto menu and multi-stage cooking.

or

Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the desired cooking time, then press "START/+30SEC/CONFIRM". The oven will start cooking for the selected length of time at 100% power.

Defrosting by Weight

1) Press "WEIGHT DEFROST" button once, the oven will display "dEF1".
2) Turn the “TIMER/WEIGHT/AUTO MENU” dial to select the weight of the food in grams. The weight should be set between 100-2000g.
3) Press "START/+30SEC/CONFIRM" button to start defrosting.

Defrosting by Time

1) Press "TIME DEFROST" button twice, the oven will display "dEF2".
2) Turn the “TIMER/WEIGHT/AUTO MENU” dial to select the defrosting time, the maximum time is 95 minutes.
3) Press "START/+30SEC/CONFIRM" button to start defrosting. The defrosting power is 30%, and cannot be changed.

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Using the microwave oven

Grill Cooking
1) Press the “MICRO./GRILL.COMBI/CONV.” button 6 times and “G-1” is displayed on the screen.
   or
   Press the “MICRO./GRILL.COMBI/CONV.” and turn the “TIMER/WEIGHT/AUTO MENU” until “G-1” is displayed on the screen.
2) Press the “START/+30 SEC./CONFIRM”.
3) Turn “TIMER/WEIGHT/AUTO MENU” dial to adjust the cooking time.
   (The time setting should be 0:05-95:00.)
4) Press “START/+30 SEC./CONFIRM” button to start the cooking process.
5) If you have set the incorrect power level or time, press the stop/clear button and the display will return to showing the time of day.
6) Half way through the grill time, the unit will pause and sound twice to tell you to turn the food over. In order to achieve more even grilling, you should turn the food over, close the door, and then press “START/+30 SEC./CONFIRM” to continue cooking. If the door is not opened and the food is not turned, the oven will wait one minute and the grilling will resume automatically.
7) At the end of the cooking time, your microwave will beep and the display will return to showing the time of day.

Important note: The grill element should be preheated to ensure optimum operation and cooking. The recommended preheat time is 10-15 minutes

Important note: The inside of the microwave and the food that you have been cooking may be extremely hot. So care should be taken when removing items from the microwave. We would recommend that you use an oven glove.

Important note: After the food has been removed from microwave, you should ensure that the door is closed
Using the microwave oven

Combination Cooking (Microwave + Convection)

1) Press the “MICRO./GRILL/COMBI/CONV.” button 7 times and “C-1” is displayed on the screen.

or

Press the “MICRO./GRILL/COMBI/CONV.” and turn the “TIMER/WEIGHT/AUTO MENU” until “C-1” is displayed on the screen.

2) Press the “MICRO./GRILL/COMBI/CONV.” button or turn the “TIMER/WEIGHT/AUTO MENU” dial to select the combination preferred cooking method. Stop pressing or turning when “C-1”,”C-2”,”C-3” and “C-4” appear on the display

4) Press the “START/+30 SEC./CONFIRM” button to confirm.

5) Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the cooking time. (The time setting should be 0:05- 95:00).

6) Press “START/+30 SEC./CONFIRM” button to start the cooking process.

7) If you have set the incorrect power level or time, press the stop/clear button and the display will return to showing the time of day.

For the operation of each setting is detailed below:

<table>
<thead>
<tr>
<th>Display</th>
<th>Microwave time 900W</th>
<th>Grill time 1100W</th>
<th>Convection time 2300W</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1</td>
<td>●</td>
<td></td>
<td>●</td>
</tr>
<tr>
<td>C2</td>
<td>●</td>
<td>●</td>
<td></td>
</tr>
<tr>
<td>C3</td>
<td></td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>C4</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
</tbody>
</table>

Important note: The inside of the microwave and the food that you have been cooking may be extremely hot. So care should be taken when removing items from the microwave. We would recommend that you use an oven glove.

Important note: After the food has been removed from microwave, you should ensure that the door is closed.
Using the microwave oven

Convection Cooking (with preheating function)

The convection cooking allows you to cook food using the unit as a traditional oven, the microwave function is not used. It is recommended that you preheat the oven to the appropriate temperature before placing the food in the oven.

1) Press the “MICRO./GRILL/COMBI/CONV.” button 11 times, and “140”, the cooking temperature will flash.

or
Press the “MICRO./GRILL/COMBI/CONV.” and turn the “TIMER/WEIGHT/AUTO MENU” until “140” is displayed on the screen.

2) Press the “MICRO./GRILL/COMBI/CONV.” button or turn the “TIMER/WEIGHT/AUTO MENU” dial to select the desired convection function temperature. Note: the temperature can be chosen from 140 degrees to 230 degrees, in 10 degree intervals.

3) Press the “START/+30 SEC./CONFIRM” button to confirm the chosen temperature.

4) Press the “START/+30 SEC./CONFIRM” button to start the preheating. When the preheating temperature is reached, the buzzer will sound twice to remind you to place the food in the oven. The preheated temperature will display and flash. Open the door and place the food in the microwave oven, then close the door.

6) Press the “START/+30 SEC./CONFIRM” button to start cooking.

7) If you have set the incorrect power level or time, press the stop/clear button and the display will return to showing the time of day.

Note:
a. The cooking time cannot be put in until the preheating temperature is achieved, once the temperature is achieved the door must be opened to input the cooking time.
Using the microwave oven

b. If the time is not put in during 5 minutes of reaching the temperature, the oven will stop preheating. The buzzer will sound five times and turn back to the waiting state.

Convection Cooking (without pre-heating function)

1) Press the “MICRO./GRILL/COMBI/CONV.” button 11 times, and “140”, the cooking temperature will flash.

or

Press the “MICRO./GRILL/COMBI/CONV.” and turn the “TIMER/WEIGHT/AUTO MENU” until “140” is displayed on the screen.

2) Press the “MICRO./GRILL/COMBI/CONV.” button or turn the “TIMER/WEIGHT/AUTO MENU” dial to select the desired convection function temperature. Note: the temperature can be chosen from 140 degrees to 230 degrees, in 10 degree intervals.

3) Press the “START/+30 SEC./CONFIRM” button to confirm the chosen temperature.

4) Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the cooking time (the maximum setting time is 95 minutes).

5) Press the "START/+30SEC./CONFIRM" key to start cooking.

6) If you have set the incorrect power level or time, press the stop/clear button and the display will return to showing the time of day.

Important note: If you wish to change the temperature during the cooking process, the “STOP/CLEAR” button must be pressed twice to exit the current convection cooking process. Then the convection process can be started again and the new required temperature and time entered.

Important note: The inside of the microwave and the food that you have been cooking may be extremely hot. So care should be taken when removing items from the microwave. We would recommend that you use an oven glove.
Using the microwave oven

Important note: After the food has been removed from microwave, you should ensure that the door is closed

Interrupting a cooking cycle

1) If you wish to temporarily interrupt a cooking cycle when it is in progress (for example to stir what you are heating), you should press the door button.

2) The door of the microwave will open and it will stop heating immediately.

3) To restart the cooking cycle, close the microwave door and then press the start button.
Using the microwave oven

Multi-Stage Cooking

A maximum of two different stages. To set a maximum of two different stages. For instance, to defrost an item and the follow it with the cooking cycle.

Note: The buzzer will ring once after each stage and then the next stage will proceed.

Note: The Auto menu or the pre-heating functions cannot be set as one of the multi-stage cooking.

If one of the stages is for defrosting this should be programmed to come on first.

Example: if you want to defrost 500g of food or by 1 minute, then cook it at 80% microwave power for 7 minutes. The steps are as follows:

1) Press “WEIGHT DEFROST or TIME DEFROST” button once, the screen will display “dEF1” or “dEF2”
2) Turn the “TIMER/WEIGHT/AUTO MENU” dial to adjust the defrost weight to 500g or 1:00 minute;
3) Press the “MICRO./GRILL/COMBI/CONV.” button once;
4) Turn the “TIMER/WEIGHT/MENU” dial to choose 80% microwave power until it displays "P80“.
5) Press "START/+30SEC/CONFIRM“ button to confirm;
6) Turn the “TIMER/WEIGHT/MENU” dial to adjust the cooking time to 7 minutes;
7) Press the "START/+30SEC/CONFIRM“ button to start the cooking process.
Using the microwave oven

Auto Menu

The microwave can automatically calculate the cooking time based on the type of food and weight.
1) Turn the "TIMER/WEIGHT/AUTO MENU“ dial in a clockwise direction and "A-1" will display on the screen. Turn the “TIMER/WEIGHT/AUTO” dial clockwise to choose the required function, and "A1","A2","A3"...."A10" will be displayed.
2) Press the "START/+30 SEC./CONFIRM" button to confirm the menu you need A1-A10.
3) Turn the "TIMER/WEIGHT/AUTO MENU“ dial to choose the food weight, these are pre-set and listed in the table on the next page.
4) Press the "START/+30SEC/CONFIRM" button to start cooking. Please see the table below for the various settings.

Note: When you choose A9 cake, please do not put the cake mix in to the oven immediately. The oven needs to be preheated to 180 degree first. After several minutes, the buzzer sounds twice to remind you to put the cake into the oven. After putting the cake in the oven, please press start again. The timer will count down, and the cake will be cooked perfectly.
# Using the microwave oven

<table>
<thead>
<tr>
<th>A1 Pizza</th>
<th>Display</th>
<th>Weight</th>
<th>Power</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>200</td>
<td>200</td>
<td></td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>300</td>
<td></td>
</tr>
<tr>
<td></td>
<td>400</td>
<td>400</td>
<td></td>
</tr>
<tr>
<td>A2 Potato</td>
<td>1</td>
<td>1 (230g)</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>2 (460g)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>3 (690g)</td>
<td></td>
</tr>
<tr>
<td>A3 Meat</td>
<td>150</td>
<td>150</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>300</td>
<td>300</td>
<td></td>
</tr>
<tr>
<td></td>
<td>450</td>
<td>450</td>
<td></td>
</tr>
<tr>
<td></td>
<td>600</td>
<td>600</td>
<td></td>
</tr>
<tr>
<td>A4 Fish</td>
<td>150</td>
<td>150</td>
<td>80%</td>
</tr>
<tr>
<td></td>
<td>250</td>
<td>250</td>
<td></td>
</tr>
<tr>
<td></td>
<td>350</td>
<td>350</td>
<td></td>
</tr>
<tr>
<td></td>
<td>450</td>
<td>450</td>
<td></td>
</tr>
<tr>
<td></td>
<td>650</td>
<td>650</td>
<td></td>
</tr>
<tr>
<td>A5 Vegetable</td>
<td>150</td>
<td>150</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>350</td>
<td>350</td>
<td></td>
</tr>
<tr>
<td></td>
<td>500</td>
<td>500</td>
<td></td>
</tr>
<tr>
<td>A6 Beverage</td>
<td>1</td>
<td>1 (240ml)</td>
<td>80%</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>2 (480ml)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>3 (720ml)</td>
<td></td>
</tr>
<tr>
<td>A7 Pasta</td>
<td>50</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>100</td>
<td></td>
</tr>
<tr>
<td></td>
<td>150</td>
<td>150</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(add 450ml of water)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(add 800ml of water)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(add 1200ml of water)</td>
</tr>
<tr>
<td>A8 Popcorn</td>
<td>50</td>
<td>50</td>
<td>100%</td>
</tr>
<tr>
<td></td>
<td>100</td>
<td>100</td>
<td></td>
</tr>
<tr>
<td>A9 Cake</td>
<td>475</td>
<td>475</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Pre heat to 180 degrees</td>
</tr>
<tr>
<td>A10 Chicken</td>
<td>500</td>
<td>500</td>
<td></td>
</tr>
<tr>
<td></td>
<td>750</td>
<td>750</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1000</td>
<td>1000</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1200</td>
<td>1200</td>
<td></td>
</tr>
</tbody>
</table>
Using the microwave oven

Checking Functions
1) During the cooking cycle, press the “MICRO./GRILL/COMBI/CONV.” button and the current power will be displayed for 2-3 seconds.
2) During a combination cycle, press the “MICRO./GRILL/COMBI/CONV.” button and the current combination method will be displayed for 2-3 seconds.
3) During the cooking cycle, press the “TIMER/CLOCK” button to check the current time. It will be displayed for 2-3 seconds.

Child lock
Lock on: In standby, when nothing is operating, hold the “STOP/CLEAR” button for 3 seconds, there will be a long "beep" as the lock activates. A green rectangle will illuminate in the display.
Lock off: In locked state, hold the "STOP/CLEAR" button for 3 seconds, there will be a long "beep“ and the door will unlock. The current time will continue to display.
When the child lock is on, no functions can be activated.

General information
- The buzzer will sound once when turning the knob at the beginning;
- The "START/+30SEC/CONFIRM" button must be pressed again to continue cooking if the door is opened during a cooking cycle.
- Once the cooking programme has been set, if the "START/+30SEC/CONFIRM" button is not pressed within 1 minute the current time will display and the setting will be cancelled.
- The buttons will beep if they are pressed correctly, if not pressed correctly they will not beep.
- The buzzer will sound five times to remind you when cooking is finished.

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Cleaning and care

• Before you clean the oven, turn it off and unplug it.
• Keep the inside of the oven clean. When food or liquids stick to the oven walls, wipe with a damp cloth. We recommend that you do not use harsh detergent or abrasives.
• On the right hand side wall of the cavity is the wave guide cover, microwaves are passed through this to enable your food to cook. It is important that this wave guide cover is kept clean at all times. To do this wipe with mild detergent and water, then dry.
• You should clean the outside of the oven with a damp cloth. Don’t allow water to seep into the ventilation openings.
• Do not allow the control panel to become wet. Clean with a soft, damp cloth. Do not use detergents, abrasives or spray-on cleaners on the control panel.
• If steam builds up inside or around the outside of the oven door, wipe with a soft cloth. This may happen when the microwave oven is used in humid conditions.
• Regularly remove the glass turntable to clean it, and wash it in warm soapy water. Regularly clean the turntable support and oven floor. Simply wipe the bottom surface of the oven with mild detergent and water, then dry. You can wash the turntable support in mild soapy water.
• When removing the turntable support of the oven, make sure you put it back properly.
• If the inside of the oven smells, put a cup of water with the juice and skin of one lemon in a deep microwave bowl. Microwave it for three minutes, wipe thoroughly and then dry with a soft cloth.
• Failure to maintain the oven in a clean condition, especially if liquid is left under the turntable, could lead to deterioration of the surface that will adversely affect the life of the appliance that may result in a hazardous condition.
Important utensil information

• Do not use metal pans or dishes with metal handles.
• Do not use anything with a metal trim.
• Do not use paper covered wire twist-ties on plastic bags.
• Do not use melamine dishes as they contain a material which will absorb microwave energy. This may cause the dishes to crack or burn, and will slow down the cooking speed.
• Use only cookware that is approved to be used in a microwave oven.
• Do not cook using a container with a restricted opening, such as bottles, as they may explode.
• Do not heat baby bottles with the teat left on. Remove it if replacing the bottle back into the oven.
• Only use thermometers that are approved for microwave ovens.
• Do not use the microwave oven for heating utensils.

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Connection to the mains supply

**WARNING**- THIS APPLIANCE MUST BE EARTHED

This appliance is designed to operate from a mains supply of AC230V ~ 50HZ.

Check that the voltage marked on the product corresponds with your supply voltage.

This product is fitted with a 13A plug complying with BS1363. If this plug is unsuitable or needs to be replaced, please note the following:

Important: The wires in the mains lead are coloured in accordance with the following code:

GREEN/YELLOW-EARTH  
BLUE-NEUTRAL  
BROWN-LIVE

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Connection to the mains supply

For UK use only – Plug fitting details (where applicable):
As the colours of the wires in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, proceed as follows:
The GREEN/YELLOW wire is the EARTH and must be connected to the terminal which is marked with the letter E or by the earth symbol or coloured GREEN or GREEN/YELLOW.
The BLUE wire is the NEUTRAL and must be connected to the terminal marked with the letter N or coloured BLACK.
The BROWN wire is the LIVE wire and must be connected to the terminal marked with the letter L or coloured RED.

Always ensure that the plug cord grip is fastened correctly.

If a 13A (BS1363) fused plug is used it must be fitted with a 13amp fuse conforming to BS1362 and be BSI or ASTA approved.
Problems solving & plug

Problem solving
The microwave oven may cause interference to your radio, TV or similar equipment. If it does, you can get rid of the interference by moving the radio, TV or equipment as far away from your microwave oven as possible.

If the oven doesn’t work -
• Make sure the mains plug is plugged in securely. If it is not, remove the plug from the socket, wait 10 seconds and plug it in again securely.
• Check the premises for a blown circuit fuse or a tripped main circuit breaker. If these seem to be working properly, test the socket with another appliance that you know works.

If the microwave power will not work –
• Check to see whether the timer is set, or the child lock is on.
• Make sure the door is securely closed. Otherwise, the microwave energy will not flow into the oven

Plug
If your appliance is supplied with a non-rewireable plug fitted to the mains lead you will find that it incorporates a fuse, the value of which is indicated either on the base of the plug or on the fuse carrier.

Should the fuse need replacing, you must use an ASTA approved fuse (conforming to BS1362) of the same rating.

If the fuse cover is lost the plug must not be used until a replacement is obtained from an electrical supplier.

If you need to remove the plug, cut it from the mains lead and dispose of it. Never attempt to re-use this plug or insert it into a socket outlet, as there is a very great risk of an electric shock.

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Guarantee

This product is guaranteed for 12 months from the date of the original purchase. If any defect arises due to faulty materials or workmanship the faulty product must be returned to the place of purchase. Refund or replacement is at the discretion of the store.

The following conditions apply:

• The product must be returned to the retailer with the original proof of purchase.

• The product must be installed and used in accordance with the instructions contained in this instruction guide and any other instructions for use which has been supplied.

• It must be used for domestic purposes only and for its intended use.

• This guarantee does not cover wear and tear, damage, misuse or consumable parts.

This does not affect your statutory rights.

Produced for;
G2S Ltd.
Bolton
BL6 5HY

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# Technical Specification

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rated Voltage</td>
<td>230V – 240V ~ 50Hz</td>
</tr>
<tr>
<td>Rated Input Power (Microwave)</td>
<td>14500 W</td>
</tr>
<tr>
<td>Rated Output Power (Microwave)</td>
<td>900W</td>
</tr>
<tr>
<td>Rated Power (Grill)</td>
<td>1100W</td>
</tr>
<tr>
<td>Rated Power (Convection)</td>
<td>2300W</td>
</tr>
<tr>
<td>Oven Capacity</td>
<td>32L</td>
</tr>
<tr>
<td>Turntable Diameter</td>
<td>315 mm</td>
</tr>
<tr>
<td>External Dimensions (HxWxD)</td>
<td>388mm x 595mm x 467mm</td>
</tr>
<tr>
<td>Net Weight; Approx</td>
<td>22.1kg</td>
</tr>
</tbody>
</table>

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Spare parts

The following spare parts are available from www.productcareuk.com

- Glass turntable
- Turntable ring
- Wave Guide cover
- Turntable coupling
- Grill rack
- Baking tray

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Notes

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Revision 1

This symbol is known as the 'Crossed-out wheelie bin Symbol'. When this symbol is marked on a product/batteries, it means that the product/batteries should not be disposed of with your general household waste. Only discard electrical/electronic/battery items in separate collection schemes, which cater for the recovery and recycling of materials contained within. Your co-operation is vital to make sure the success of these schemes and for the protection of the environment. For your nearest disposal facility, visit www.recycle-more.co.uk or ask in store for details.

We reserve the right due to possible changes to design to alter the instruction manual without prior notice.